

BLOG POST SUBMISSION GUIDELINES

Blog Post Format

- + Maximum post length is 1000 words.
- + Include a relevant image. If obtained from the Internet, please include its source for proper attribution. Images should be at least 600 pixels wide and 400 pixels tall.
- + Use short paragraphs, subheadings, and/or bullet lists to break up your article.
- + Check spelling and grammar.
- + Attribute any quoted or paraphrased information with links to the sources.

Posting Rules of Conduct

When submitting a blog post, do not:

- + Post unlawful, abusive, defamatory, or obscene information of any kind, including, without limitation, any submission constituting or encouraging conduct that would constitute a criminal offence, give rise to civil liability or otherwise violate any local, state, provincial, territorial, national, or international law or regulation;
- + Post information that violates patient confidentiality;
- + Post any content including, without limitation, articles, images, stories, software, or other material, which violates or infringes upon the rights of others, including material which is an invasion of privacy or publicity rights, or which is protected by any intellectual property rights, including, without limitation, copyright, patent, trade secret, trademark, or other proprietary rights herein, or derivative works with respect thereto, without first obtaining permission from the website owner or rights holder;
- + Post any content which contains a virus or other harmful component;
- + Post “junk mail,” “chain letters,” unsolicited mass mailing, or “spam”; and
- + Use or “mine” the website for commercial purposes, including, without limitation, posting, uploading, or transmitting any submission which contains advertising, which engages in commercial activities, solicitations or sales, or which involves contests, sweepstakes, advertising, and pyramid schemes.

Any blog posts violating the stated rules of conduct are subject to being removed by the website owner. Please also see the www.bcemergencynetwork.ca [Terms of Use Agreement](#).

Medical Emergencies

Do NOT use the website for medical emergencies. If you have a medical emergency, call a physician or qualified healthcare provider, or CALL 911 immediately. Under no circumstances should you attempt self-treatment based on anything you have seen or read on the website.

General Information is not Medical Advice

The general information provided on the website is for informational purposes only and is not professional medical advice, diagnosis, treatment, or care, nor is it intended to be a substitute therefore. Always seek the advice of your physician or other qualified health provider properly licensed to practice medicine or general healthcare in your jurisdiction concerning any questions you may have regarding any information obtained from this website and any medical condition you believe may be relevant to you or to someone else. Never disregard professional medical advice or delay in seeking it because of something you have read on this website. Information obtained on the website is not exhaustive and does not cover all diseases, ailments, physical conditions, or their treatment.

No Physician-Patient Relationship

The presentation of general information on the website does not establish a physician-patient relationship between you and the website owner (or any of its physicians), and is not intended as a solicitation of individuals to become patients or clients of the website owner (or any of its physicians). This section does not apply to the extent that you are using the website to communicate with a physician with whom you have an existing physician-patient relationship.

Questions? Ask Us. connect@bcemergencynetwork.ca